



# Honiton Primary School



## Children In Need 2024 at HPS!



Dear Parents/Carers,

It's that time of year again! As always, we at HPS understand the importance of supporting a charity that strives to meet the needs of children and young adults, living in the UK, less fortunate than us. Now, more than ever, we are thinking about our local and wider community and how we can all make a difference. We have a long and proud tradition at HPS of making CIN a really fun and special day at school. As our community continues to battle through the cost of living crisis; this day will allow children, parents and staff to have some well earned fun, bringing smiles to everybody's faces.

So, how are we going to raise funds this year?! ...

BBC Children in Need's 2024 campaign **The Heaviest Backpack** aims to shine a light on their mental health campaign by focusing on the burdens that follow children and young people around everywhere, weighing them down, wherever they go - whether it's anxiety, problems at home or other issues. **The Heaviest Backpack** projects support children and young people who are experiencing poor mental health through group work and activities that will help to increase their self-esteem, improve their emotional resilience and increase their knowledge in how to manage their own mental health.

On Friday 15<sup>th</sup> November our school theme shall be, '**Spotacular!**' We would like to invite all the children to come to school dressed in non-school uniform. There is a twist however...your outfit must include **something yellow, spotty or even better, both!!** Be as creative as you wish!

**A voluntary donation of 50p will go towards supporting Children In Need**

At HPS, we also have a history of being enthusiastic, creative and playful for Children In Need and following on from the incredible efforts of last year's 'Wheel of Wax', we did wonder how we would top that! After putting our heads together and wanting laughter to be the focus of our idea ... we bring you the HPS Children in Need Challenge of 2024 - '**Our On-The-Spot Danceathon**'.

Throughout the day, all of our children and staff will be taking part in a fun-filled danceathon to many well-known, popular dance tracks and tunes!

So, let's 'shine in yellow, get spotty and dance the day away' to show support for the children and young adults in the South West and UK who need a bit of help to thrive in their lives.

Many thanks one and all!

**Mr. Lopez, Mrs Ayres and Mr. Watson**

